

HEALTH CARE ASSISTANT

Academic study

HCA100:Introduction to Practice -33 hrs

This course provides an introduction to the roles and functions of the Health Care Assistant within the British Columbia health care system.

HCA 110: Health & Healing: Concepts for Practice -72 hrs

The course provide a foundation for competent practice as a HCA , focuses on concepts of caring and person centered care; basic human needs and human development; family, culture, and diversity as they relate to health and healing.

HCA 120 :Lifestyle & Choices -33 HRS

This course introduces students to a holistic concept of health and the components of a health-enhancing lifestyle. Aboriginal health and healing concepts will be integrated within this curriculum

HCA:130 Interpersonal Communication -53 hrs

This course focuses on the development of self- awareness, increased understanding of others and development of effective interpersonal communication skills that can be used in a variety of care giving contexts

HCA 140: Personal Care & Assistance-144

This practical course is comprised of lecture and supervised laboratory experiences which assist the students to integrate theory from other course to develop care-giver skills that maintain and promote the comfort, safety, and independence of individuals in community and facility areas.

HCA 150: Common Health Challenges -117

This course introduces students to the normal structure and function of the human body and normal bodily changes associated with aging, focusses on person-centered practice as it relates to the common challenges to health and, in particular, to end-of-life care.

HCA 160: Cognitive & Mental Health Challenges - 63

This course builds on content from other courses to assist students to work effectively with individuals experiencing cognitive or mental challenges. The emphasis in this course is on supporting clients with dementia, recognizing responsive behaviors and identifying person-centered intervention strategies.

HCA 170: Complex Care Clinical practicum-152 hrs 19 shifts 60 DOCUMENTED hours of Specialized Dementia Care

This supervised practice experience provides students with an opportunity to apply knowledge and skills from all other courses in the program with individuals in a multi-level or complex care setting. A portion of this clinical experience will be devoted to working with individuals experiencing cognitive challenges. Opportunity will be provided for students to gain expertise and confidence with the role of the HCA with a continuing care facility.

HCA 180 Complex Care Clinical practicum/ Preceptorship-80 hrs

The purpose of this final preceptorship is to consolidate all previously learned theory and skills. Students will have the opportunity to practice in a complex care setting under the guidance and supervision of a qualified Preceptor and appropriate facility staff.

This experience allows the student to put theory into practice from previously acquired knowledge and clinical skills. Over the specified time period, students will gradually assume the role of the care aide/HCA and be expected to work as a full-scope HCA upon completion of the preceptorship.

By the end of this rotation, students are expected to safely and competently work as a full-scope HCA (assuming the full resident workload of the Preceptor) by the completion of this rotation.

HCA 190: Home & Community Care Practicum - 60 hrs

This practice course will provide students with an opportunity to apply knowledge and skills from all other courses with individuals and families in a community setting.

Opportunities will be provided for students to become more familiar with the role of the HCA within a Home Support Agency and gain abilities that will prepare graduates to assume the role of a Community Health Worker.